The Ask

Ready-to-send message templates, so you're never staring at a blank text box

You don't need the perfect words — you need a starting point. Fill in the blanks, adjust the tone to sound like you, and send it today instead of someday.

Step 1: Name Her

"One woman I respect because of how she handles ___."

"Another woman whose faith or life stage I'd love to learn from is ___."

Step 2: The First Ask (low-stakes, one coffee)

"I really respect how you've handled . Would you be open to grabbing coffee sometime? I'd love to ask you a few questions."

Keep it short. No need to explain everything up front — one coffee is the whole ask.

Step 3: The Follow-Up Ask (after a good first conversation)

"This conversation was really helpful. I'd love to keep learning from you — would you be open to meeting again, maybe once a month, so I can keep asking you questions as they come up?"

Naming a specific rhythm (monthly, every few weeks) makes it easy for her to say yes.

If She Says Yes

"That means a lot — thank you. Would [day/time] work for our first real conversation, or would you rather pick a rhythm that fits your schedule?"

If She Says No (respond graciously, keep the door open)

"I completely understand — thank you so much for even considering it. I really appreciate you."

A no is about her current capacity, not your worth. Many women ask again successfully a year later.

Everything else — the rhythm, the depth, the shape of the relationship — can be figured out after she says yes.

Don't have someone specific in mind? The Christian Women Who Mentor | Bridge the Gap community can help you find her.